YOUR GUIDE TO ORTHOPEDIC CARE | CARE WHEN YOU NEED IT PRE

PREVEA

FOR **URGENT** ORTHOPEDIC CARE

	WHY	HOURS	COST	SCHEDULE
NURSE CALL	For injury, illness or medical advice. For guidance whether to wait to see your provider or to seek medical treatment sooner.	Available 24/7	Free	Call (888) 277-3832
VIRTUAL CARE	For injuries, pain and minor burns.	Available 24/7 Response within one hour during business hours of 8 a.m. to 8 p.m. Monday through Friday, 8 a.m. to 4 p.m. weekends. If visit is initiated outside of business hours, a response will be provided by 9 a.m. the following day.	Up to \$35 Pay online by credit or debit card. No charge if a diagnosis cannot be determined.	Visit prevea.com/virtual care Fill out an online questionnaire for a medical assessment, diagnosis and treatment plan.
URGENT CARE	 For conditions such as: Animal bites Cuts without profuse bleeding but require stitches Sprains, strains, dislocations and minor fractures/broken bones 	Monday – Friday 8 a.m. to 8 p.m. Weekends and holidays 8 a.m. to 4 p.m. at select locations	Office visit Billable to insurance	Walk-in care at any Prevea Urgent Care location Optional: reserve your spot online
EMERGENCY ROOM	For medical emergencies if you are experiencing: Severe painSevere broken bones	Available 24/7	Emergency visit Billable to insurance	Call 911 or go to your nearest emergency department

FOR **NON-URGENT** ORTHOPEDIC CARE

	WHY	HOURS	COST	SCHEDULE
MYPREVEA	Send secure non-urgent messages to a recent provider to: Ask a question Send a comment Request a prescription refill Request an appointment Learn more	Available 24/7 Messages typically responded to within two business days.	Free	Visit myprevea.com or MyPrevea app New users, go to myprevea.com, click on SIGN UP NOW, then click the green SIGN UP ONLINE button on the right side of the screen
SPORTS MEDICINE AND FAMILY MEDICINE PHYSICIANS	 Injury care and non-surgical treatment Care of muscle, bone and joint conditions that do not require surgery Casting and splinting Concussion diagnosis and management for athletes and non-athletes Family medicine services Yearly physicals including sports physicals Sick visits Management of chronic conditions 	Monday – Friday 8 a.m. to 5 p.m.	Office visit Billable to insurance	Schedule online Call (888) 277-3832 No referral needed
PHYSICAL AND OCCUPATIONAL THERAPISTS	 Hands-on treatment of disease, injury or deformity Experiencing muscle, bone or joint pain Suffering from arthritis Recovering from surgery or injury Learn more	Monday – Friday 8 a.m. to 5 p.m.	Office visit Cash pay or billable to insurance	Schedule online Call (888) 277-3832 No referral needed
ROUTINE FOOT CARE SPECIALISTS	 Toenail clipping Corn/callous trimming care Foot care guidance and counseling <u>Learn more</u>	Monday – Friday 8 a.m. to 5 p.m.	\$50 Payment at check-in; not billable to insurance	Schedule online Call (920) 272-3300
PHYSIATRISTS/PAIN MANAGEMENT PHYSICIANS	Treatment to reduce pain, strengthen muscles and restore mobility - Acute musculoskeletal pain and injury - Acute and chronic nerve pain issues or nerve conditions - Chronic back and neck conditions - Conditions that impairs function	Monday – Friday 8 a.m. to 5 p.m.	Office visit Billable to insurance	Schedule online Call (888) 277-3832 No referral needed

FOR **NON-URGENT** ORTHOPEDIC CARE

	WHY	HOURS	COST	SCHEDULE
CHIROPRACTORS	 A drug-free approach to reduce spinal nerve stress Chronic joint or muscle pain Back or neck pain Frequent headaches Been in a car accident recently Been diagnosed with arthritis, fibromyalgia or chronic fatigue syndrome 	Monday – Friday 8 a.m. to 5 p.m. Sheboygan County only	Office visit Billable to insurance	Call (920) 783-3150 No referral needed
ORTHOPEDIC PROVIDERS NPs and PAs	Evaluation and treatment of common muscle, bone or joint concerns Perform physical examinations Diagnose and treat acute injuries Order imaging, such as X-rays and MRIs Prescribe medications and other therapies/treatment Perform procedures, such as suturing and casting Assist in surgery Administer injections Learn more	Monday – Friday 8 a.m. to 5 p.m.	Office visit Billable to insurance	Schedule online Call (888) 277-3832 No referral needed
ORTHOPEDIC SURGEONS MDs and DOs	 Complex or surgical muscle, bone or joint care Arthroscopy Cartilage restoration, repair and replacement Fracture management Joint replacement including hip, knee, ankle, shoulder, elbow and wrist replacements Ligament and tendon repair 	Monday – Friday 8 a.m. to 5 p.m.	Office visit Billable to insurance	Schedule online Call (888) 277-3832 No referral needed
PODIATRISTS	 Specialized treatment specifically for feet and ankles Non-operative and surgical care Orthotics and corrective inserts Routine foot care Learn more	Monday – Friday 8 a.m. to 5 p.m.	Office visit Billable to insurance	Schedule online Call (888) 277-3832 No referral needed